

Come join us on Saturday, January 30th!

Learn from 3X All-American, ACC Champion, Men's Freestyle National Team Member Ty Walz from 10:00 - 12:00 and stay for the Saturday Smackdown from 1:00-3:00. During the Smackdown, your wrestler will get a hard warm-up in, followed by the equivalent of 3-4 matches.

****All COVID guidelines will be followed. Temperature checks are required and masks must be worn unless wrestling. ****

Registration is open now at www.vaelitewrestling.com
(button to register on homepage)

