

2008-2009 WVSSAC INTERPRETATION

WEIGHT MANAGEMENT PROGRAM

1. What if at weigh-ins, a boy weighs lower than he should that day according to the Alpha Report Data?

Answer: He may have been sick, etc. He would still be allowed to wrestle the weight class the Alpha Report Data says he can wrestle at that date if his weigh-in weight qualifies him for that weight class.

2. What if at weigh-ins, a boy weighs in at 101.5 pounds and it's his Alpha Date to wrestle at his lowest weight class (103-pound weight class), but the Alpha Report Data says he should weigh no lower than 102 pounds that day?

Answer: He may have been sick, etc. He would still be allowed to wrestle at 103 pounds.

***** SEE ADDENDUM NEXT PAGE *****

WVSSAC ADDENDUM

WV WEIGHT MANAGEMENT WEIGH-IN FORMS

THE ONLY TWO COLUMNS THE OFFICIAL(S) SHOULD BE CONCERNED WITH ON THE WEIGH-IN FORMS ARE:

- 1. WEIGHT CLASS - THE WEIGHT CLASS WHERE THE COACH WANTS HIS WRESTLER TO COMPETE.**
- 2. ELIGIBLE WEIGHT CLASS - THE WEIGHT CLASS WHERE THE WRESTLER IS ALLOWED TO WRESTLE AT THAT DATE.**

NOTE: THE WEIGHT CLASS MUST BE THE SAME AS THE ELIGIBLE WEIGHT CLASS, OR HIGHER. IF THE MATCH WEIGHT IS LOWER THAN THE ELIGIBLE WEIGHT CLASS, THE WRESTLER CANNOT COMPETE AT THAT WEIGHT CLASS.