2018 WEST VIRGINIA STATE TOURNAMENT WEIGH-IN PROCEDURE

1. Wrestlers may check their weight up to 20 minutes prior to the official weigh-ins starting each day. Coaches should tell all wrestlers to try to use the restroom prior to skin checks starting.

2. All wrestlers must be present in the designated skin check/weigh-in area at the start of the skin check/weigh-in period each day:

		Skin Check	Weigh-In
Thursday Feb 22:	AA/A	4:00 P.M.	4:30 P.M.
	AAA	4:30 P.M.	5:00 P.M.
Friday Feb23:	AA/A	9:00 A.M.	9:30 A.M.
	AAA	9:30 A.M.	10:00 A.M.
Saturday Feb 24:	AA/A	8:00 A.M.	8:30 A.M.
	AAA	8:30 A.M.	9:00 A.M.

3. All wrestlers will remain in the skin check area until they are moved to the weigh in area. Once the skin check process starts for each classification all weight loss/gain methods shall cease.

4. Any wrestler that does not pass skin checks will not be permitted to weigh–in.

5. Weigh-ins will start with the 106 pound weight class and continue through the 285 pound weight class.

6. If a wrestler is overweight he/she will immediately step off and right back on the same scale.   Should the wrestler still be overweight he/she may try each available scale in the weigh-in area **ONCE.** Should a wrestler remain overweight he/she will be disqualified from the tournament.

7. Once each weigh class finishes weighing in and the next consecutive weight class starts no wrestler from the previous weight class(es) will be allowed to weigh in thus disqualifying any wrestler that did not weigh in with his/her weight class.

8. After the last 285 pound wrestler has weighed in for each classification weigh-ins will officially be closed.

9. Should extenuating circumstances arise the state wrestling tournament committee will have the final decision. Shall a team be granted permission to weigh-in each wrestler may attempt to make weight **ONCE** on **ONE** scale.

10. Any **FEMALE WRESTLERS** that qualified please report to the head table for a skin check/weigh-in area location separate from the male skin check/weigh-ins.