

BUILT TO TILT



The Built to Tilt Clinic will focus on wrestling technique from the top position. This advanced clinic will include technique on legs, tilts, cradles and effective ways to turn an opponent. This clinic is high-paced and will include live wrestling, technique, and intensive drilling.

When: April 29, 2017

Where: 1032 East New Circle Road Suite A
(located behind Central Motor Sports)

Cost: \$40

Schedule: Session 1: 10-12 p.m. Lunch (on our own) 12-1 Session 2: 1– 3:30 p.m.

To register go to carrwrestlingacademy.net and the click on clinics and camps.

For questions call (859)338-4534 or email carrwrestlingacademy@gmail.com