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## HOMEGROWN COMPETITIVE EDGE'S PEE WEE WRESTLING CAMP

### DATES/TIMES

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Aug 19th

Check in 8-9am

Class 1 9:00-10:30am

(Stance and Motion)

Break 10:30-11am

Class 2 11-12:30pm

(Takedowns/Defense)

Lunch 12:30-1:30pm

Agility Training 1:30-2pm

Class 3 2-3:30pm

(Bottom Position)

Break 3:30-4

Class 4 4-5:30pm

(Top Position/Pins)

Aug 20th

Live Wrestling 9:30-11:30pm

Class 5 11:30-12:30 pm

(Review)

### CONTACT INFO

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Vint Eden 304-767-8173

[Vinteden1973@gmail.com](mailto:Vinteden1973@gmail.com)

### COSTS/MISC

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This Camp is for youth wrestlers only, 5<sup>th</sup> Grade and under, \$50 per wrestler – email name/age/weight

Camp shirts/shorts - \$20 each

This camp will reinforce the basics of wrestling, we will take novice to experienced wrestlers.

**Limited to first 50 entries**

**MUST BRING OWN DRINKS AND LUNCH**

### HOMEGROWN CLINICIANS

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**MARK SAMPLES** – Head trainer Competitive Edge, D1 All American at Edinboro University, Edinboro Hall of Fame, WV State Champion and MOW, and Dutton award winner.

**Vint Eden** – GM of Competitive Edge and The Hill wrestling. 10 plus years of coaching experience.

**Correy McComas** – Head Coach of Competitive Edge travel team.

**Dave Cook** – State Champion Nicholas Co. HS

