## 2024 West Virginia State Freestyle and Greco Tournament

Please note: This tournament is the qualifier to go to 16u/Junior Nationals in Fargo ND.

## You must attend and place in the top 4 to qualify for Nationals

**Date**: Saturday May 11<sup>th</sup>

Location: Parkersburg HS – 2101 Dudley Ave. Parkersburg, WV 26101

Styles: Freestyle and Greco Roman

**Entry Fee:** \$25.00 for freestyle only. \$30 for both styles. Use coupon code "double" at registration

to receive discount for both styles entry

You must register and pay on track wrestling at this link -

https://www.trackwrestling.com/registration/TW\_Register.jsp?tournamentGroupId=250988132

No Walk ins! There will be no registration or payment on Saturday morning.

Rules: UWW freestyle and Greco Roman rules apply. Must be a WV resident

## 2024 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

| AGE<br>DIVISIONS | BIRTH DATES   | FREESTLE/GRECO MATCH<br>TIME LIMITS                          | WEIGHT CLASSES   |
|------------------|---|--|--|
| 8U               | Born 2016-2017  | Two two-minute periods with 30 second rest between periods   | 40 lbs, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs   |
| 10U              | Born 2014-2015  | Two two-minute periods with 30 second rest between periods   | 49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs   |
| 12U              | Born 2012-2013  | Two two-minute periods with 30 second rest between periods   | 58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs   |
| 14U              | Born 2010-2011  | Two two-minute periods with 30 second rest between periods   | 71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs |
| 16U              | Born 2008-2009  | Two two-minute periods with 30 second rest between periods   | 88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs      |
| USA Junior       | * Born 9/1/2004 &<br>after, plus enrolled in<br>grades 9-12 | Two three-minute periods with 30 second rest between periods | 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs                      |

## Womens

| 160         | Born 2008-2009 | Two two-minute periods with 30 second rest between periods   | 88 lbs, 94 lbs, 100 lbs, 106 lbs, 112 lbs, 118 lbs, 124 lbs, 130 lbs, 136 lbs, 142 lbs, 148 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs  |
|-------------|----------------|--|--|
| US.<br>Juni |                | Two three-minute periods with 30 second rest between periods | 95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs |

**Awards:** Medals will be given to the top 3 in each weight class

**Schedule of events:** Weigh ins, Friday 5/10 from 6 –7:30pm, Saturday Greco 7:15am –8am, Freestyle 9:15-10am If wrestling both styles you only need to weigh in 1 time.

Greco wrestling starts at 9AM, Freestyle Wrestling will start at Approximately 11am

Info will be passed out to all that qualify for Nationals